



PEAS FINE 2500 G



Ingredients

Peas.

Product Sheet

Product Code	310150
EAN Confezione	8003495101506
Weight (G)	2500
Packs Per Carton	4
Cartoni Per Pallet	81

Directions

Steam Oven

Put the frozen product onto a perforated pan in a steam oven at 98C. Wait for the oven to heat up to 98C and steam for 9 minutes. Use as desired.

Pan

Pour the frozen product in a non-stick pan with a drizzle of EVO and 6 tablespoons of water, cover and cook for 9 minutes over medium heat. Use as desired.

Pot

Pour the frozen product in salted boiling water, wait for water to boil and cook for 10 minutes, drain and use as desired.

Nutrition Facts

	For 100 G
Energy	231 kJ / 55 kcal
Total fat	0.5 g
Saturated fatty acids	0 g
Carbohydrate	5.2 g
Sugars	4 g
Fiber	6 g
Proteins	4.5 g
Salt	0 g