



BATTERED COURGETTE (ZUCCHINI) STICKS 1000 G



Ingredients

Courgette 55%, corn flour, water, sunflower oil, WHEAT flour, salt, natural flavourings. May contain traces of MUSTARD, EGGS, SOY, MILK and derivatives.

Product Sheet

Product Code	310811
EAN Confezione	8003495108086
Weight (G)	1000
Packs Per Carton	4
Cartoni Per Pallet	144

Directions

Convection Oven

Spread the frozen product on a tray and place it in the pre-heated ventilated oven at 200°C. Wait until the temperature reaches the setting and cook for 8 minutes. Remove from oven, add salt ad desired and serve.

Deep Fryer

Pour the frozen product into the fryer with boiling oil at 185°C and fry for 4 minutes until golden brown. Add salt as desired and serve.

Nutrition Facts

	For 100 G
Energy	563 kJ / 134 kcal
Total fat	5.5 g
Saturated fatty acids	0.5 g
Carbohydrate	18 g
Sugars	1.5 g
Fiber	2 g
Proteins	2.2 g
Salt	0.63 g