



## COUSCOUS WITH VEGETABLES 1000 G



### Ingredients

Partially cooked couscous 50% (water, durum **wheat** semolina) vegetables in varying proportion: green beans, carrots, red-kidney beans, semi-dried red onion, grilled peppers, peas, cauliflower, semi-dried cherry tomatoes, chick peas, grilled zucchini. Manufactured in a facility that also processes broadbeans.

### Product Sheet

<b>Product Code</b>	310612
<b>EAN Confezione</b>	8003495106129
<b>Weight (G)</b>	1000
<b>Packs Per Carton</b>	4
<b>Cartoni Per Pallet</b>	162

### Directions

#### Convection Oven

Preheat oven to 150C, pour 200g of water and 50g of oil onto the baking pan and add the frozen product. Wait for oven to heat up to set temperature and bake for 9/10 minutes.

#### Pan

Pour the frozen product in a non-stick pan with 200g of water and 50g of oil. Cover and cook for 7 minutes.