



COUS COUS WITH VEGETABLES 1000 G

Ingredients

Partially precooked couscous 50% (water, durum WHEAT semolina) vegetables in varying proportions: green beans, carrots, red-kidney beans, semi-dried red onions, grilled peppers, peas, cauliflower, semi-dried cherry tomatoes, chickpeas, grilled courgettes. Manufactured in a facility that also processes broad beans.



Product Sheet

Product Code	310612
EAN Confezione	8003495106129
Weight (G)	1000
Packs Per Carton	4
Cartoni Per Pallet	162

Directions

Convection Oven

Preheat the oven to 150C. Pour 200g of water and 50g of oil into the baking pan and add the frozen product. Wait for the oven to reach the set temperature and bake for 9/10 minutes.

Pan

Pour the frozen product in a non-stick pan with 200g of water and 50g of oil. Cover and cook for 7 minutes.