



LIGHT VEGGIE MIX 1000 G



Ingredients

Carrots, green beans, cauliflower, peppers, broccoli, onions, flat green beans.

Product Sheet

Product Code	351406
EAN Confezione	8003495514061
Weight (G)	1000
Packs Per Carton	6
Cartoni Per Pallet	99

Directions

Convection Oven

Put the frozen product onto a baking pan in a preheated (180C) convection oven. Wait for the oven to reach the set temperature and bake for 8 minutes. Use as desired.

Pan

Pour the frozen product in a non-stick pan with a drizzle of oil and 4 tablespoons of water. Cover and cook for 8 minutes over medium heat. Use as desired.

Nutrition Facts

	For 100 G
Energy	118 kJ / 28 kcal
Total fat	0 g
Saturated fatty acids	0 g
Carbohydrate	3.5 g
Sugars	2 g
Fiber	2.5 g
Proteins	1.7 g
Salt	0.05 g
Vitamin A	400 µg