



ARTICHOKE WHOLE WITH STEM 2500 G

Ingredients

Artichokes.



Product Sheet

Product Code	310298
EAN Cartone	8003495902981
Weight (G)	2500
Packs Per Carton	1
Cartoni Per Pallet	168

Directions

Steam Oven

Place the frozen product on a perforated pan, put it in a steam oven at 98C, wait for the temperature to reach 98C and cook for 10 minutes. Remove product from oven and use as desired.

Pan

Pour the frozen product in a non-stick pan with a drizzle of EVO and 1/2 glass of water, cover and cook for 15/16 minutes over medium heat. Use use as desired.